

Entry Form

NAME:

Teenage: () One division, 19 yrs.& younger

Men's Novice: () Lightweight- 164 & below

() Middleweight- 164 ¼ to 184 lbs.

() Heavyweight- 184 1/4 & over

Men's Bodybuilding Masters: () 40 & over

Mixed Pairs Bodybuilding: ()

Women's Bodybuilding Masters: () 40 & over *** (If enough entries)

Women's Open/Novice: () One division (**See below**)

Indicate Novice or Open: () Novice () Open (**NOTE: We will combine Novice and Open women if not enough athletes otherwise we will separate them in two different categories)

Women's Figure: () One Division (If 10 entries it will be divided into (Short 5'6" and under) Tall Over 5'6")

Women's Master Figure: () 35 and Over

Indicate Height Here:

Women's Bikini: () One Division (If 10 entries it will be divided into (Short 5'6" and under) Tall Over 5'6")

Indicate Height Here:

Men's Open: () Lightweight- 164 lbs & below

() Middleweight- 164 ¼ - 184 lbs

() Heavyweight- 184 1/4 & over